



Watertown Commission on Aging

Paul Ericsson
Elizabeth Schulze
Cindy Raymond
Jim Sandquist
Dave Smith
Rachel Bender
Deb Favorit
Holly Krantz
Mayor Steve Washburn
Clerk/Treasurer Lynn Tschudi

Please note that, pursuant to the authority provided by Minn. Stat. Sec. 13D.021, subd. 1(1), the City Administrator and the City Attorney have determined that in-person meetings of the Commission on Aging are not practical or prudent due to the COVID-19 public health pandemic and the declared national, state, and local emergencies. Further, the City Administrator and the City Attorney have determined that it is not feasible nor practical or prudent due to the health pandemic to have members of the public, city staff, or members of the Commission on Aging in attendance at the regular meeting location. Meetings of the Commission will be conducted by electronic or telephonic means. Under Minn. Stat. Sec. 13D.021, subd. 3, to the extent practical and possible, the Commission on Aging will allow individuals to monitor the meeting electronically as provided below:

Meeting Link: https://us02web.zoom.us/webinar/register/WN_n6hzjEojTTCH6wbJcpbsSQ

Meeting ID: 898 5245 6128

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

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253 215 8782 or +1 346 248 7799

1. Call To Order
2. Adopt Agenda
3. Approve Minutes
- 3.A. Minutes From August 5, 2020 (Pdf)

Documents:

[8_5_2020 - MINUTES.PDF](#)

4. New Business

4.A. Aging With Gusto Programming (Pdf)

Documents:

[AGING WITH GUSTO - VITAL AGING NETWORK.PDF](#)

5. Ageless Business

5.A. Holiday Dinner Update

6. Updates From City

7. Updates From Commissioners

8. Adjourn

?309 Lewis Avenue S, Watertown, MN 55388



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8/5/2020 - Minutes

1. Call To Order

Commission on Aging Chair, Paul Ericsson called the virtual meeting to order at 3:32 p.m. In attendance online: Ericsson, Dave Smith, Holly Krantz, Deb Favorit, Jim Sandquist, and Elizabeth Schulze.

City staff in attendance online: City Administrator Shane Fineran and Clerk/Treasurer Lynn Tschudi.

2. Adopt Agenda

SANDQUIST MOVED, SMITH SECONDED A MOTION TO ADOPT THE AGENDA AS PRESENTED. ALL PRESENT VOTED AYE. MOTION CARRIED.

3. Approve Minutes

3.A. COA Minutes From 6/3/2020

FAVORIT MOVED, SANDQUIST SECONDED A MOTION TO APPROVE THE JUNE 3, 2020 MINUTES. ALL PRESENT VOTED AYE. MOTION CARRIED.

4. New Business

4.A. Holiday Dinner 2020 Discussion

Clerk/Treasurer Lynn Tschudi asked the Commission if they have been thinking about making a change to the format of the Senior Dinner due to COVID-19.

Paul Ericsson stated that his church assists families experiencing homelessness. He asked if there would be any way to provide a meal service to elderly citizens of Watertown. Sandquist suggested a combination of drive-through and delivery.

Fineran suggested mailing coupons to those that RSVP which in turn they could use those coupons at Marketplace Foods for a turkey dinner. Ericsson said it would be nice to have multiple days available for pick-up so that social distancing could be followed. Tschudi will speak with Jim May at Marketplace Foods to see if he is interested in working with the Commission on this plan. She will report back in September.

5. Ageless Business

6. Updates From City

City Administrator Fineran updated the City received \$350,000 in CARES Act funds to be used for COVID related items. He updated that the EDA will be providing grant money to local businesses to assist with lost revenue due to the Coronavirus. There will also be technology grants, utility relief, and liquor license credits. Fineran updated the Primary Election is Tuesday August 11 beginning at 7:00 a.m.

7. Updates From Commissioners

Holly Krantz from Public Health updated on the Aging with Gusto program offered. She will be following up with additional information. Krantz updated they continue to reach out to long term care facilities. Public Health assesses their PPE needs and discuss any new COVID cases.

Sandquist updated that WeCab has opened up to all types of rides, creating more demand.

Ericsson updated it has been a challenge to update services at the Carver County Libraries. They have expanded their hours and are experimenting with some other services at certain branches.

8. Adjourn

SCHULZE MOVED, SMITH SECONDED A MOTION TO ADJOURN THE MEETING AT 4:09 PM. ALL PRESENT VOTED AYE, MOTION CARRIED.

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CONTACT US

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Discussions

Aging with Gusto is a set of facilitated discussions offered in your community.

It's no secret: our society favors youth and shies away from aging. Prejudice against people as they age comes with a twist: It is discrimination against our future selves.

- Increase awareness of ideas, behaviors and practices that are based on misconceptions and biases about older people.
- Develop ideas for how to “age with gusto.”

Positive Views Matter

Whether we're 6, 60 or 106, aging is happening to all of us...if we're lucky. That's not going to change. But what can change is how we view aging and how we treat one another and ourselves as we age.

How we think about our own aging and how we treat others as they age takes on added significance as America and the world age at an unprecedented rate.

Aging with Gusto works to ignite a more positive view of aging. And there's never been a better time. More and more people are living to 100—and they're doing so with more “gusto” than ever.

For additional information, call 651-226-9578 or email info@vital-aging-network.org.

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determination, civic engagement and personal growth for people as they age through education, leadership development and opportunities to connect.

[LOGIN](#)