

The Twin Cities Jewish Community Presents:

KEEPING THE SPIRIT ALIVE

The Conference for Caregivers and Those Supporting a Loved One with Dementia

SUNDAY, APRIL 30, 2023
8:30 a.m. to 2 p.m.

Beth El Synagogue
5225 Barry St. W
St. Louis Park, MN 55416

Featuring Keynote Speaker,
Myrna Marofsky

Myrna shares a deeply personal story about her experience following her husband's dementia diagnosis in a new book, *To the Last Dance, A Partner's Story of Living and Loving Through Dementia*. She highlights a strategy for redefining caregiving to CARE-LIVING. While recognizing that the medical side of a diagnosis is essential, Myrna focuses on the loving relationship of a spouse and the social-emotional impact on a family, often ignored in dementia conversations. She shows how love and loss can coexist and why it's ok for a care partner to ask and answer, "What about me?" It may inspire you to think differently.

Gain insights on

Reducing Isolation • Assistance with Legal Matters • Hospice and Palliative Medicine
• Understanding Alzheimer's • Caregiving and the LGBTQ+ Community • Living Your Values • and more....

FREE AND OPEN TO ALL

jfcsmpls.org/event/caregivers-conference
or call 952-417-2149



This conference is a collaboration of

