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Sent: Wednesday, February 11, 2026 8:21 AM
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Subject: Join us for Lunch & Advanced Care Directive Training

Mark Your Calendar for March 19! Upcoming Event for all Carver County Commissions on Aging/Senior Advisory Committees

The Chanhassen Commission on Aging and the Chanhassen Senior Center will be hosting an Advanced Directive training on **Thursday, March 19 from 11:30am to 1pm**. The free event is open to all commissioners from Carver County Commissions on Aging/Senior Advisory Committees and will be held at the new Chanhassen Senior Center, 7700 Market Blvd, Chanhassen. Lesley Jensen, LICSW, Social Services Ridgeview will host the session. Lunch will be available. Registration required.

Come learn why it is important to have a health care directive, the process for completing one, and resources available to help guide you. Although all of us tend to put off thinking about what might happen if we lose the ability to make our own decisions, only 1 in 5 Minnesotans have an advanced directive, the Minnesota Board on Aging strongly encourages all adult Minnesotans to formalize their health care and end-of-life wishes.

An Advanced Directive is a written tool used to guide health care decisions when an individual is unable to do so because of a medical condition. Livings Wills and Durable Power of Attorney for Health Care are different types of advanced directives. In Minnesota, the living will and durable Power of Attorney for Health Care are combined and called a Health Care Directive.

You can RSVP by replying to this email.

Thank you!!

Kara

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